



Tips for talking with legislators

#RaiseYourVoice
#PracticeGoodHealth

- **Address your state legislator as:**
 - + **Senator**, if they are a member of the Senate, or
 - + **Representative**, if they are a member of the House of Representatives.
 - + **Do not refer to them** as Congressman, Congresswoman or Congressperson.
- **Know your issue** and share effective handouts.
- **Visit the MMA website at mnmed.org** for issue briefs and talking points on key issues.
- **Be brief and concise** when meeting with, or writing to, your legislator. Tell them why you support or oppose an issue in terms they will understand. Use personal experience and stories whenever possible to help illustrate the issue.
- **Offer to be of assistance** to them.
- **Thank them** for their efforts.



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