

MMA FOUNDATION ANNUAL REPORT

Promoting Optimal Health and Health Equity across Minnesota.



LETTER FROM THE CEO

Kristen Gloege

On behalf of those who support the MMA Foundation, we are honored to share this 2021 annual report with you.

As always, our MMA Foundation's Board is humbled by your generosity. During these difficult two years, your gifts surpassed our expectations and gave us the opportunity to give more to those in need. For this, I want to thank you.

I invite you to read about our impact on these pages and contact me to learn more about our initiatives. My e-mail address is kgloege@mnmed.org and I look forward to talking with you.

Thank you for your partnership in this important work.

A NOTE FROM MMA FOUNDATION PRESIDENT

George Schoepferster, MD

As physicians, we are honored and humbled to have the privilege to care for our patients. Whether you are new to practice, or, retired like me, you know we are in a unique position to help others regardless of circumstance to lead healthier and therefore happier lives.

The MMA Foundation has been at MMA's side for 64 years. As its current president, I stand in the footsteps of committed leaders including Juan Bowen, MD, Marilyn Peitso, MD, Patty Lindholm, MD, G. Richard Geier, MD, and others who have led the MMA Foundation. I am grateful for their example.

Your contributions make all the accomplishments you'll read about here possible. I'm profoundly grateful to you. Thank you for your generosity, your collegiality, and your partnership in our work.

Community Health Grants

Nurturing Ideas Locally

Minnesota's physicians know there's never been a more important time to support the health and wellness of our communities. That's why the MMA Foundation, through significant gifts from the MMA and the Stearns Benton Medical Society, established grant programs to empower physicians to create local solutions to reduce health inequity. We share two exemplars here:

M. Daisy Braaten, MD

Most weeks, M. Daisy Braaten, MD, volunteers at a shelter in Duluth and provides direct, patient-centered care to people who are unsheltered and at-risk. During her volunteer work in 2022, she identified the goal of providing wound kits to treat early abscesses and cellulitis – both common problems among those who are unsheltered. She reached out to the MMA Foundation and received a Community Health & Physician Engagement grant to purchase the materials necessary to fill 500 kits and provide supplies for on-site lab collection. "It's about the trust and collaboration between entities, but even more about rebuilding trust one-on-one with patients and connecting them with the health care system," says Braaten.

Vince LaPorte, MD

Retirement has been a busy time for Vince LaPorte, MD, who volunteers in a variety of ways to help his community. He is especially committed to eliminating the persistent disparities in maternal care for women in rural Minnesota. LaPorte completed an Advanced Life Support in Obstetrics (ALSO) course at the University of Minnesota 15 years ago, then returned home to organize and teach the course to physicians and nurses in area hospitals with a low birth census.

For the past two years, the MMA Foundation has helped underwrite LaPorte's work, from offsetting the costs to train 78 rural clinicians to purchasing the mannequins used in the simulations. "Emergency obstetric situations are uncommon, but when they happen clinicians instinctively rely on past experiences. The ALSO course is essentially a fire drill on obstetric emergencies. We use a team-based approach to keep skills sharp and save lives.

Your donation will leverage the MMA Foundation's ability to help physicians identify and create local solutions to reduce health equity.

The Humanitarian Award

Honoring Our Physicians Who Go Above and Beyond

For many physicians, volunteering exemplifies the calling of medicine. Each year, the MMA Foundation honors an MMA member for their contributions to help underserved people. Carrie Stelter, MD, of St. Peter, earned the 2022 MMA Foundation COPIC Humanitarian Award. Here's an excerpt from her award nomination,

"Carrie is a co-founder of our local area free clinic and has been the essential pillar from idea to micro start-up to the thriving clinic it is now, in only about four years' time...I have seen first-hand how Carrie's vision for serving an under-served—really, forgotten—community in the St. Peter area has come alive and changed peoples' lives... the Clinic has not only survived, but has grown in scope and services. I attribute this both to the deep need in our community for such medical care and to Carrie's consistent and unwavering work toward its success."



In 2020, the MMA Foundation partnered with COPIC, the MMA's preferred medical liability insurance and renamed the program the MMA Foundation-COPIC Humanitarian Award program. As a result of this partnership, the Humanitarian Award recipient designates a \$10,000 donation from COPIC to a health care-related 501(c)(3) organization within Minnesota.



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612-378-1875

3433 Broadway St NE, Ste 187
Mpls, MN 55413

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SCHOLARSHIPS:

OPPORTUNITIES THAT IMPACT OUR FUTURE PHYSICIANS

Supporting the next generation of physicians has been a priority for the MMA Foundation since our founding in 1958. Today, the program is made possible by donors such as Susanne Cobey who has made gifts of more than \$200,000 to honor the life work of her late husband Barry Friedman, MD, and pay tribute to the couple's life-long friendship with former MMA Foundation president Juan Bowen, MD.

We also thank Nicholas Reuter, MD, who has given generously to help us build upon a significant past gifts from the late Richard Lien, MD, to fund the Reuter-Lien scholarship program. It launched this fall and will help Minnesota medical students and residents pursue projects related to trainee well-being and equity.

Finally, we acknowledge the generosity of the late Frank Indihar, MD, who gave through his estate to create a lasting legacy. The Frank Indihar Fund of the St. Paul Foundation will help us support medical student advocacy.

FRIEDMAN-BOWEN SCHOLARSHIPS RECIPIENTS

Jeff Woods

Second-year medical student at Mayo Clinic Alix School of Medicine

In spring 2021, Jeff Woods, launched a medical student-led effort to establish a Street Medicine Initiative in Rochester. Woods used his MMA Foundation scholarship to purchase and distribute winter weather supply kits, which were instrumental to his outreach effort. Woods helped assemble a group of 28 interested medical students, organize a series of practical trainings, and spearhead collaborative outreach planning efforts with leaders from local non-profits and county professionals. Woods and his teammates met individuals in camps, at street corners, and under bridges, with the goal of gradually becoming known and recognized among people experiencing homelessness and learning about their unmet health needs.



Sally Jeon

Third-year medical student at the University of Minnesota

Uplifting underrepresented and underserved communities is central to University of Minnesota medical student Sally Jeon's service and scholarship. So, it came as no surprise to her mentor Maria Svetaz, MD, that Jeon would utilize the MMA Foundation's scholarship opportunity to investigate the health impacts of immigration on the Latinx community in Minnesota. "It is re-energizing to see someone who is just starting her medical career who already is equipped with a 360-degree equity lens," says Svetaz. Jeon is using her MMA Foundation scholarship to engage a youth advisory board of Latinx youth in a participatory action research project that explores the question, "How can a clinic best capture the health journey of Latinx youth?" She is grounding her project in collaboration and sustainability by partnering with second year medical student Miranda Harris and AQUI Para Ti. She hopes to develop an empowering and healing space for youth on the advisory board and for youth-centered research outcomes to inform healthcare providers on better affirming and celebrating patient experiences and identities.



Do you have a dream of establishing your own scholarship? We'd love to help you. Please contact the MMA Foundation at kgloege@mnmed.org.

The Suicide Prevention Initiative

Saving the Lives of Our Patients and Our Colleagues



Minnesota continues to see its age-adjusted suicide rate increase, and we know suicidal thoughts can affect anyone. In fact, not only do many physicians have frequent exposure to suicidal behaviors, physicians also have one of the highest suicide rates of any profession.

The MMA Foundation wants to make sure everyone has the resources needed to discuss suicide prevention, so we can all work together to save the lives of our patients and our colleagues. The MMA Foundation funds the costs of suicide prevention training for any MMA member. Physicians can take advantage of physician-led and evidence-based training to recognize the warning signs of a suicide crisis and offer counseling strategies for those at risk.

Your donation will help us fund more trainings across Minnesota, particularly in rural areas which have disproportionately high suicide rates.

Volunteerism Program

The MMA Foundation's Physician Volunteerism Program pairs physicians with volunteer opportunities in our safety net clinics. Our community partners rely on this program to help them expand access to care. When the COVID-19 vaccines became available, the Minnesota Department of Health and others used this program to recruit our physician volunteers, like Bob Christensen, MD, pictured here, to put shots in arms. Today, we have expanded this important program to assist our veterans and to help at Special Olympics events.



When you donate to the MMA Foundation, your gift helps our partners care for our most vulnerable neighbors.

Let's Continue Our Work Together: FINANCIAL HIGHLIGHTS

To begin 2022, the MMA Foundation had assets of about \$1.9 million, an increase of over 18% from 2020. This was primarily driven by individual and organizational giving and grants. There was also a significant gain in investments.

A Summary Balance Sheet, as of 12/31/2021:

MMAF Balance Sheet	2021	2020
Cash	\$180,686	\$69,721
Investments	\$1,711,079	\$1,540,494
Receivables	\$32,995	\$11,950
Joint Services Organization Deposit	6,188	6,450
Total Assets	1,930,947	1,628,614
Liabilities	2021	2020
Payables	22,201	22,732
MMA Deposit	150	209
Total Liabilities	22,351	22,941
Fund Balance	2021	2020
Retained Fund Balance	1,605,673	1,507,755
Net Revenue/(Expense)	302,923	97,918
Total Fund Balance	1,908,597	1,605,673
Total Fund Balance & Liabilities	1,930,947	1,628,614

In 2021, the MMAF raised \$232,682 in contributions and \$170,623 in investment returns for a total income of \$403,304. Operating expenses were \$100,381, a reduction from \$125,192 in 2020, keeping with MMAF Board objectives to decrease relative operating expenses to allow for greater availability of funds for board-directed programming.